

CREATIVE AWAKENING OF SENSES

*with Art in
Nature*

a Sarah Arensi workshop

Saturday April 20th 16.00 - 18.00
La Torre alle Tolfe (SI)

Painting en plain air

Nourishment

Creativity

**Deep Relaxation to expand
your soul, immerse yourself
in Mother Earth vibration,
to silence your mind and access
your extraordinary creativity.**

- painting materials included
- suitable for all

Info and booking :

+39 0577 255100

hospitality@latorrealletolfe.com

La Torre alle Tolfe Strada delle Tolfe 12, Siena

Price
37€



www.saraharensi.com

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with Art in Nature

Sarah Arensi

Sarah Arensi brings to the world "Art as Medicine for the Soul" using art as a tool for human evolution. Each of her works is channeled into a state of consciousness of light and presence, where the artist becomes empty space for the manifestation of the work from multidimensional spaces, in a pure act of love. Flowing streams of color and energy, symbols, elements, seals, numbers, words and ancestral rituals, become portals of expansion of the self embodied in the artwork. With Sarah, art is a manifestation of the deepest essence of life in union with the whole; it becomes nourishment and healing for the soul. Her paintings resonate with those who open themselves to receive even in observation and in a state of visual listening. After more than 25 years of research in the arts, she has traveled, studied, practiced and followed the ancient schismatic traditions of the Sweet Medicine Sundance Path. He is a spiritual artist, performer and creative mentor. Her deep love for generating force and ecstatic flow has led her to deepen and experience art, alchemy, awakening, presence, spiritual and energy medicine, unconditional love, and mysticism. In 2019, she founded "EstaticArt" and holds group workshops, retreats, one to one sessions for anyone who wishes to return to live in resonance and connection with the deepest desires of their soul and embody their calling.

She has worked alongside great masters of the international stage in the fields of theater, film and fine arts. Sarah believes that art in all its forms and manifestations is an immediate and powerful way to reach the divine, bringing humanity to transmutation. Her clients for custom Soul Painting are scattered in different countries around the world: Italy, Germany, Sweden, Lebanon, New Mexico, California, New York, Dubai, Austria, and Finland. She has exhibited in some of the most important art cities in the world: Milan, Rome, Bologna, Paris, New York, Miami, Los Angeles, Shanghai, Dubai. She is currently represented worldwide by Smart Coast Gallery | Artsy | Artnet | Artmajeur | SaatchiArt | Singulart. |

